

Youngsters' chance to get behind wheel

YOUNGSTERS are being offered the chance to get behind the wheel in a bid to cut road deaths in the county.

Notts County Council is providing one-day sessions for those between the ages of 15 and 17 at the Nottingham Forest ground next month.

Richard Jackson, chairman of the County Council's highways and transport committee, said: "This course gives young people their first experience behind the wheel of a car in a safe, controlled, environment with fully-qualified driving instructors."

It will run from 9am to 4pm on October 23 and 24 in the Brian Clough stand car park, costing £35. Bookings can be made on 0844 980 8080.

Firefighters called to kitchen blaze

FIREFIGHTERS were called to a kitchen fire in Cotgrave on Tuesday night.

The blaze broke out in the kitchen of a house on Lawrence Close shortly after 11pm.

Three crews attended but the fire was put out before they arrived.

Tell us your views

write: Nottingham Post, City Gate, Tollhouse Hill, Nottingham, NG1 5FS
 e-mail: newsdesk@nottinghampostgroup.co.uk

LETTERS, PAGES 14&15

Adam back in water to tackle one of world's toughest swims

By Alexander Britton

alexander.britton@nottinghampostgroup.co.uk

A HUTHWAITE man is set to tackle one of the world's toughest swims only months after completing another marathon challenge.

Adam Walker was stung by a Portuguese Man o' War when he completed a swim across the Molokai Straits in Hawaii in June.

And now Mr Walker is set to don his trunks and goggles as he tackles the Catalina Channel in California.

The 33-year-old is aiming to be the first British swimmer to complete the Ocean 7 Challenge and has already swam the English Channel, the Strait of Gibraltar - breaking the British record for one of the two crossings - and Hawaii's treacherous Molokai Straits, leaving him with four to go.

Adam, who trains at Peterborough Regional Fitness and Swimming Centre, will be swimming the 21-mile Catalina Channel on October 6.

Mr Walker, who still has huge scars across his stomach from when he was stung by a Portuguese Man o' War, said: "It's going to be very tough. The waves are really strong in

the daytime so I will have to start the swim in the middle of the night.

"It will be very dark and I won't be able to see much around me. I'm expecting there to be sharks and jellyfish again.

"The currents can get quite rough so disorientation and seasickness will also be a problem. The water temperature can also drop to 15 degrees Celsius which is about the same as the English Channel."

White goods manufacturer Indesit will again be sponsoring Adam, who is raising money for the charity SportSAid. He raised more than £1,000 swimming the Molokai Straits and he hopes to top this total in October.

Adam expects the swim to take 12 hours but it could take longer if the current is strong and he drifts off course.



Challenge: Adam Walker, from Huthwaite, is aiming to be the first British swimmer to complete the Ocean 7 Challenge.

Seven long-distance swims scattered across the globe

OCEAN 7 is a group of seven long-distance swims scattered across the globe: Irish Channel, the Cook Strait, the Molokai Channel, the English Channel, the

Catalina Channel, the Tsugaru Strait and the Strait of Gibraltar.

It has only ever been completed by one person: on Saturday, July 14, 2012, Steve Redmond from

Ballydehob, County Cork, Ireland, became the first to complete the challenge when he crossed the Tsugaru Strait in Japan.

An alternative definition of the

Ocean 7 is one channel from each of the seven continents, as the Seven Summits in mountaineering refers to the highest summit on each of the seven continents.